

# CASE VIGNETTE

## Violence in Family Context: Ways to Intervene



# Case Vignette

Ms. Neetha is a 35-year-old woman who has been married to Mr. Kumar for the past 12 years. She is working as a staff in a private company. Mr. Kumar works in a bar. They have two sons who are of age 8 years and 4 years. The Elder son is studying in 4<sup>th</sup> standard and the younger one is studying in kinder garden. Mr. Kumar has developed a habit of using alcohol every day after work as he works in the bar. He gets aggressive after drinking and picks fight with others. He was involved in multiple incidents where is physically assaulting others and complaints were filed against him with police. Neetha is very scared of her husband coming home after drinking. He would simply throw things out and beat Neetha if tries to stop him.

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He would say mean things about Neetha, and family, he would check her phone, find some colleague's number, question her about the relationship about them. He would also push her, chocks her and press her against the wall at times. This happens on most days and the boys are also witnessing this. The elder son gets very violent and hits his brother when there is disagreement between them. The teacher is also complaining that the elder son is getting physical with other classmates. The younger son shows poor academic performance and tries to be with Neetha most of the time. He is hesitant to leave Neetha and cries very often if he is left alone. Also, the younger son has bed wetting most of the days.

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Kumar is angry and violent to the children as well, especially when these behaviours are coming from the children. He also blames Neetha that it's her fault that the boys are not obedient. Neetha has discussed about these situations with her parents as well as with Kumar's parents. They have suggested her to adjust and blames her for talking ill about her husband. Her siblings are also not supporting her. They have often said that Kumar is a nice person and if he is beating her, then she must have done something terrible. She agrees with Kumar that she deserves to get beaten to correct her faulty behaviour. She feels that she is trapped and cannot do anything to get out from him. She is taken to OSC by a colleague for help.

## **Discussion- Break Out Room**

- Room:1- What are the types of violence present among the couple? Is the violence causing an impact in the children? If so, what are the impacts?
- Room: 2- What are the individual factors in Mr. Kumar that are causing the violence?
- Room: 3- Identify social factors that stops Neetha from getting support.