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# CASE VIGNETTE

## Ethical principles in counselling



# Group 1

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1) One of your clients tells you that you have been very helpful to her and in order to show her appreciation to you, she gives you an expensive bag as a gift. You accept the gift.

2) A client cannot afford to pay for her child's education and she requests you for a job to help her out. You ask her to babysit your 2-year-old son at your home.



## Group 2

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3) You go to lunch with another counsellor. In the restaurant, each of you talks about some of your cases to learn from each other. Neither of you mentions the names of any of your clients.

4) One of your clients is seeking counselling for her anger issues towards her husband.

You could observe that the woman felt threatened and suspicious of others during the sessions. You recommend a psychiatrist referral several times following the necessary

evaluation, but she rejects it. You continue counselling as the client prefers it.



## Group 2

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5) One of your clients feels sexually attracted to you and tells you this. Immediately following counselling termination, you and the client mutually agree to start a dating relationship.

6) You and your colleagues have dinner at your home. One of your colleagues tells you that she is emotionally disturbed by some conflict in her marriage.

You take your colleague into the next room and provide her with a brief counselling session there.



# Questions

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1. Identify the Ethical issues in the case vignette
2. How can we ethically handle the situation?

