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Stree Manoraksha

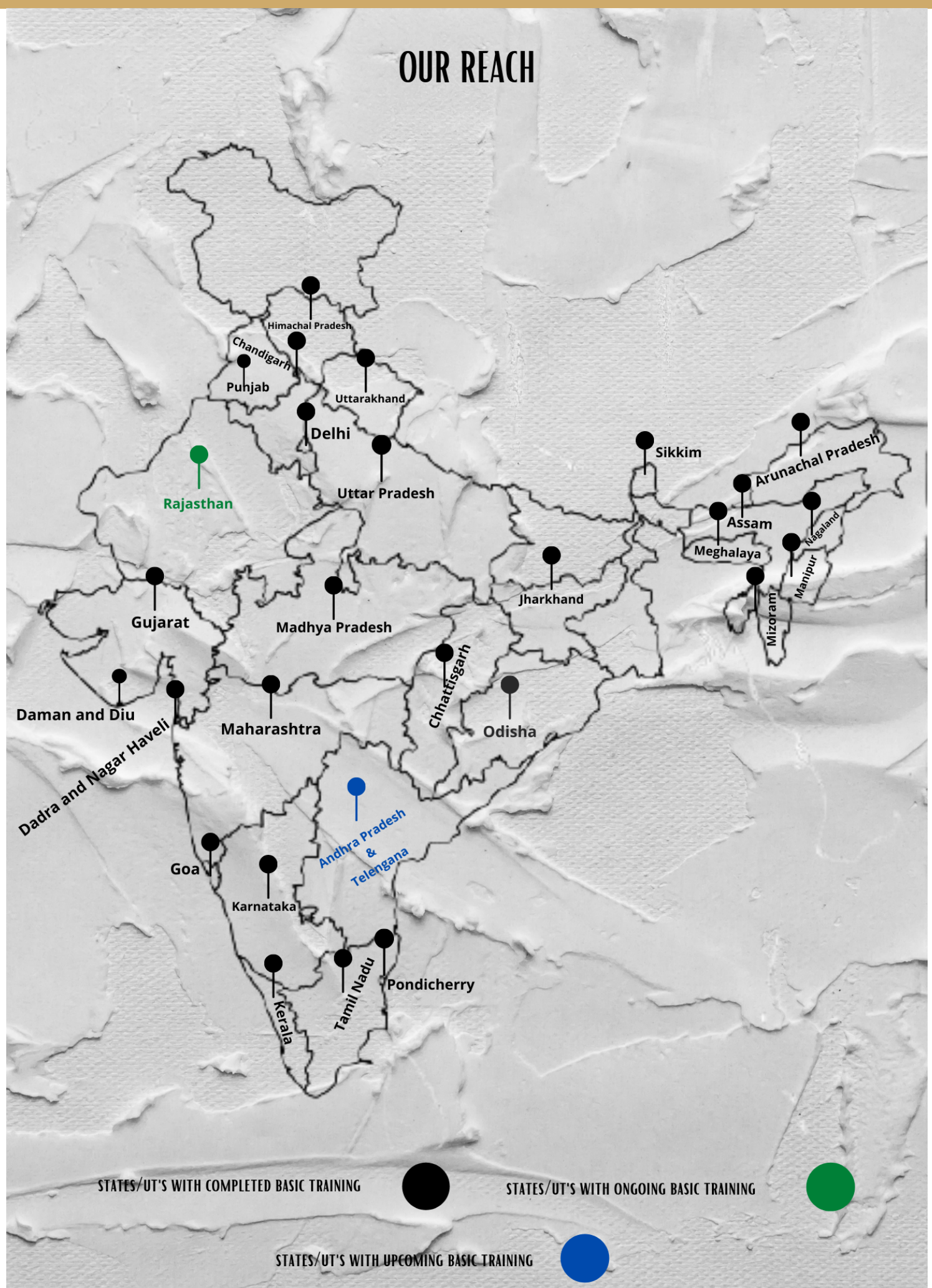


Newsletter

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Stree Manoraksha: On The Map

OUR REACH



STATES/UT'S WITH COMPLETED BASIC TRAINING



STATES/UT'S WITH ONGOING BASIC TRAINING



STATES/UT'S WITH UPCOMING BASIC TRAINING



Integrating Feminist Principles in Trauma Informed Care

FEMINIST SCHOOL VIEW ABOUT TRAUMA-INFORMED CARE:

BY SAMPURNA CHAKRABORTY

Trauma-Informed Care is about understanding and considering the pervasive nature of trauma and promoting an environment of healing and recovery rather than practices and services that may inadvertently re-traumatize. The Feministic School views trauma experience through a socio-political lens: the client's social and political environment is taken into account that could have contributed to their trauma or perpetuated it. Feminist theory furthermore argues that certain trauma responses are produced and maintained by institutionalized discrimination and social hierarchies.

Generally, feminist theory is of the opinion that diagnoses for trauma is redundant except in cases where a diagnosis can help in gaining access to mental health care. Therefore, feminist therapy aims to move away from "pathologizing responses" to trauma and develop and frame responses focusing on "survival techniques."

Collaboration between clients and therapists, advocates and agencies, researchers and therapists, feminists and non-feminists is essential for understanding, preventing and treating violence. Disagreements can help refine our understandings and enable to plan better to reduce gaps between the need and the service being provided.



FIGURE 1: FEMINISTIC APPROACH OF EVALUATION IN CASE OF TRAUMA



FIGURE 2: FEMINISTIC APPROACH IN PLANNING COUNSELLING AND PSYCHOTHERAPY FOR TRAUMA

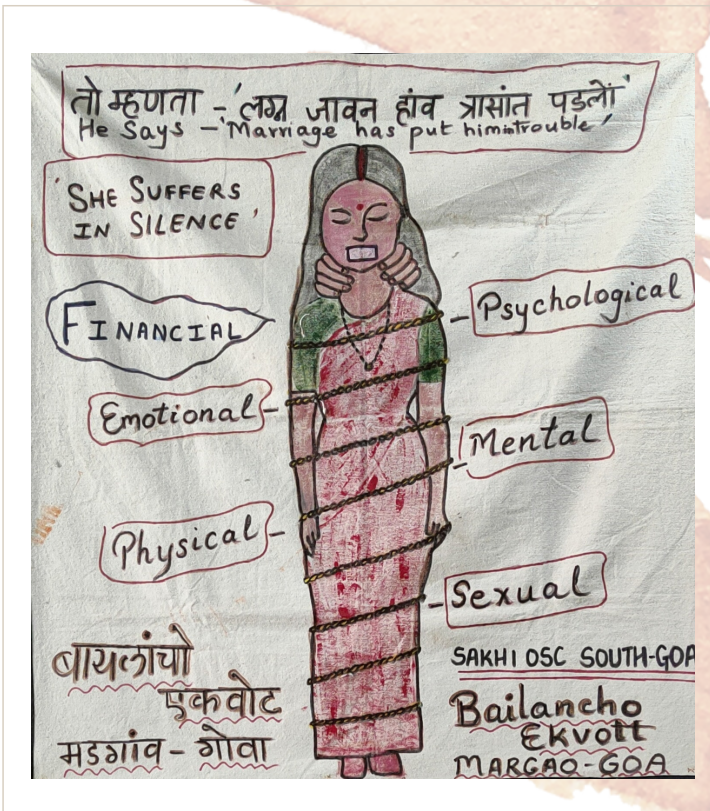
Best Practices by OSC Staff



A PROGRESS BOOKLET CREATED BY JORETHANG DISTRICT, SOUTH SIKKIM THAT FOCUSES ON COLLATING THE CASE HISTORIES OF 'WOMEN FACING DISTRESS'.



PAINTINGS FROM NANDED DISTRICT, MAHARASHTRA TO PORTRAY COURAGE, RESILIENCE AND FREEDOM AMONG WOMEN.



POSTER PRESENTATION AT BAILANCHO EKVOTT, MARGAO OSC CENTER IN SOUTH GOA TO DISSEMINATE AWARENESS ON GENDER BASED VIOLENCE AGAINST WOMEN.