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# Case Vignette – For understanding Sexual Assault



Jyoti, a 19 year old girl  
was raped by a relative

**Jyoti notices that she missed her period for two months, and has severe abdominal pain.**

**In the hospital her mother was told that Jyoti is pregnant. Mother and the Doctor start asking questions - who is the father? Did she had a boyfriend?**

**Jyoti starts shivering and loses consciousness for 5 minutes.**



Jyoti, a 19 year old girl  
was raped by a relative

**She tells them it was the uncle. “Uncle ji used to touch me and I didn’t know what he was doing”.**

**The doctor and nurse say- “you could have stopped him. You are 19 year old, you should know what is wrong or right.”**

**Jyoti appears to be in a daze for some time and again starts trembling and falls down.**



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**Jyoti and her mother decides to file an FIR**

**The police asks – Were you both involved with each other? Why did you let him touch you? Why were you alone with him? And then you did not tell your mother- were you hiding something?**



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**Feeling humiliated- Jyoti decides not to talk to the police.**

**She agrees to a medical examination but when the doctor tries to examine her she starts shivering and is unable to allow medical examination**

**She however, terminates the pregnancy**

**Following this, Jyothi goes into a shell**



Jyoti, a 19 year old girl  
was raped by a relative

**She stops college and refuses to meet her friends**

**She feels very scared about staying alone**

**Often her mother finds that she looks lost as if in a daze**

**She gets startled easily and stops talking to men including her own father and brother**

**She often gets into a rage at small things and shouts and at times like this cuts herself**

Exercise – Ms. Jyoti

Identify distress

- Thoughts
- Emotions
- Behavior



Exercise – Ms. Jyothi

How could these  
problems have  
been prevented?







Exercise – Ms. Jyothi  
comes to the One Stop  
Centre for support

How will you  
now help her  
psychologically?





Exercise – Ms. Jyothi come to the One Stop Centre for support

When will you refer her to a Mental Health Service?